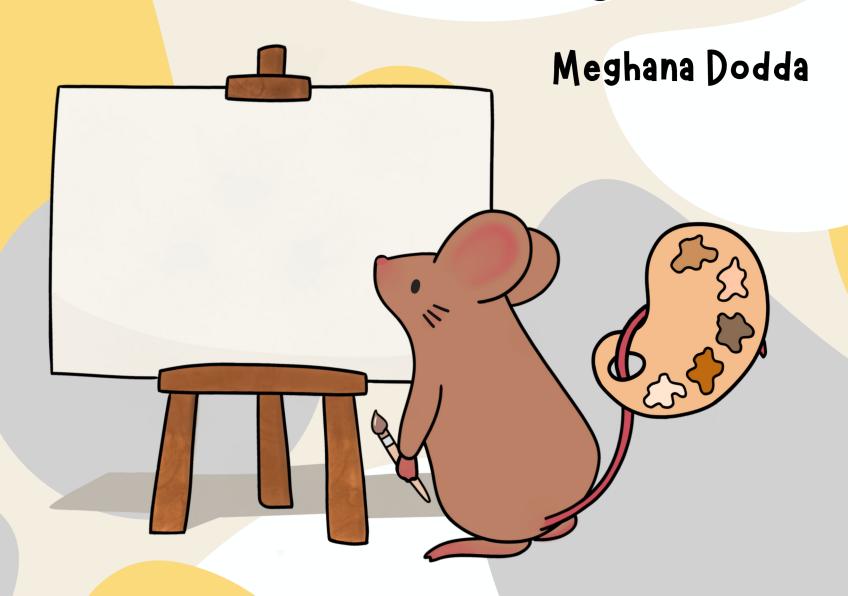
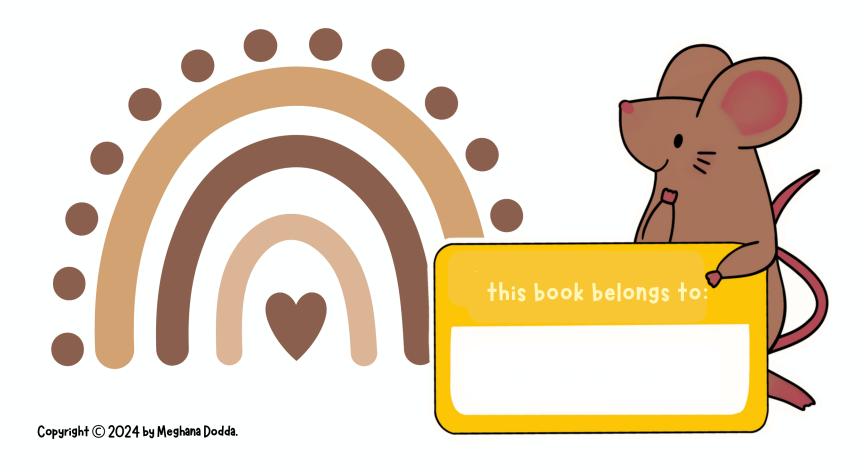
there is color everywhere



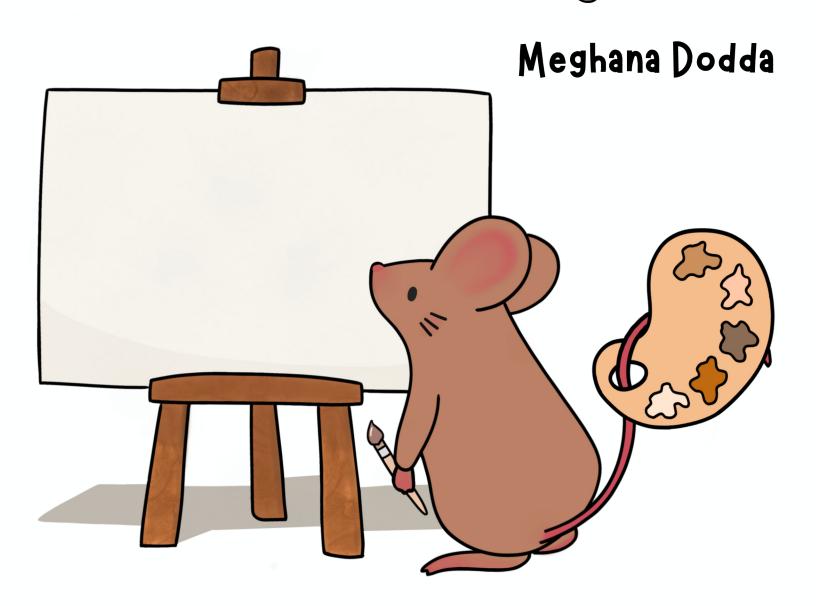






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there is color everywhere



Dedicated to my dearest Cho, for nurturing and encouraging all my silly little passions, from start to finish.





















Everyone, everywhere, come meet Reci (ree-see)!







But no matter how busy little Reci may seem, fighting against racism is her biggest dream.







Now you might ask,
what does racism mean?
It's when people of color
are not always seen.



Let's think of all the different cultures we know...

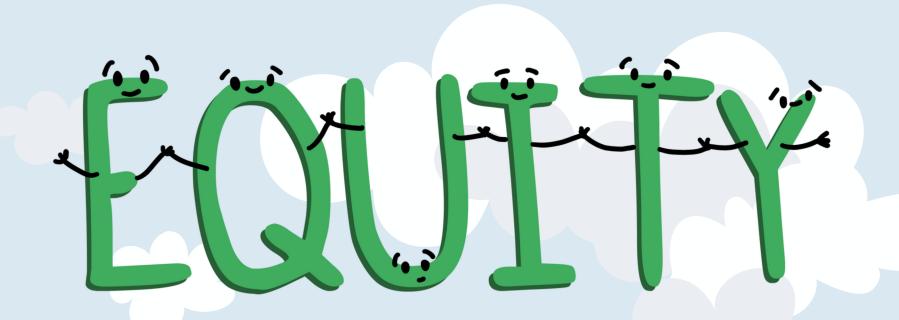


and all the different skin tones in the places we go.





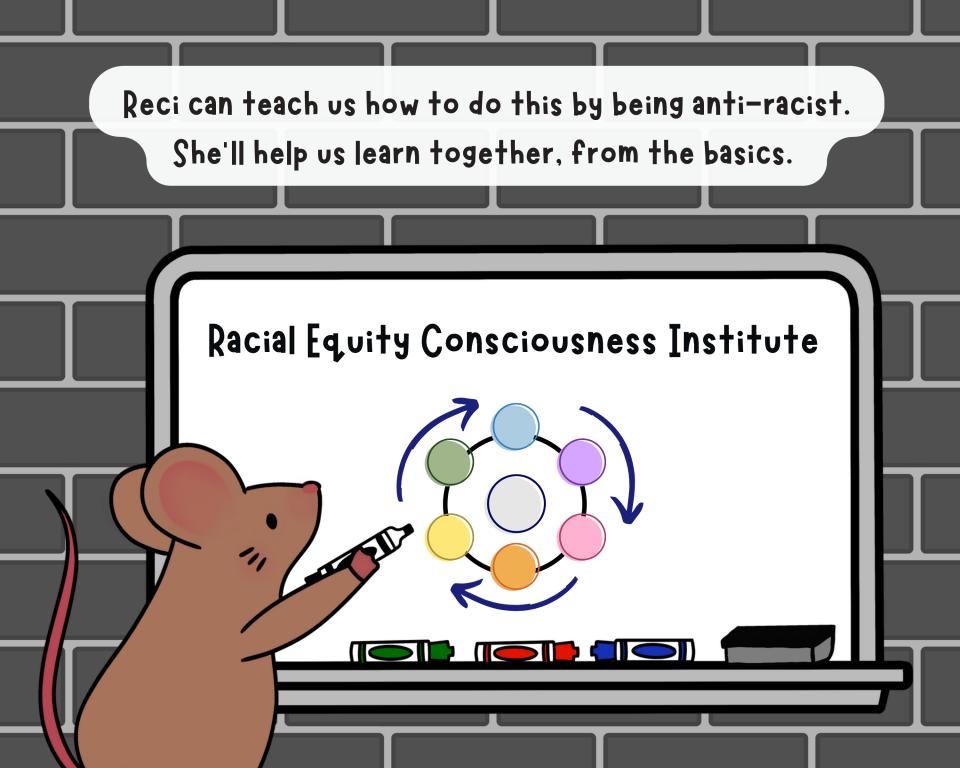




So, Reci does her best to push for an equitable society, where making things fair is the priority.













With meaningful conversations, let's all intervene, even if we're speaking out through a screen.





we should always work to change both hearts and space.





Author's Note

There is one question I've been asked more often than any other in the process of writing this book.

Why is Reci a rat?

My first answer is quite simple. I love rats. From Remy of Ratatouille to Rizzo of The Muppet Show, my favorite characters in mainstream media have always been rats, so it only made sense to bring one to life on the pages of my book. However, everything in my work is done with intention, and Reci is no different. I chose Reci to exemplify how human dispositions are shaped and influenced by preconceived notions. As seemingly trivial as it might initially appear, the modern representation of rats is an example of how we are pushed by society to think in a certain way. It is challenging to change our minds when we have spent our entire lives with a certain idea, but in many cases, being open to new thoughts is key to driving change. Reci helps others advance their attitudes about race and color, but she also transforms perspectives about her own identity in the process, challenging the inherited dispositions we all hold.

As we traverse the continuous journey of educating ourselves about systemic racism, we must recognize its profound impact on communities across the world, and learn how to create spaces where everyone can engage in conversation. I hope this book can serve as a resource to nurture our youngest generation, and I am very grateful for your support in teaching our children what an equitable world looks like.

Finally, I would like to acknowledge that this book was created with the support of many people and communities who are dear to me. Even after writing pages upon pages of rhyming prose, I cannot find the words to fully encompass my gratitude for the wonderful humans around me who have shaped me and my journey.

Specifically, I would like to thank Dean Nicola Foote, for her continual kindness,

Ron Idoko, whose passion has always inspired my growth, Vidya Surti, for being the most patient editor and friend, and my family, both at home and in the FHC.

Change may begin from the individual, but it is only catalyzed when we are together, from the smallest of rats to the most thoughtful of people.

With love, Meghana On the following pages, you'll find a few images from the Racial Equity Consciousness Institute (RECI) that can help deepen your understanding of racial equity.

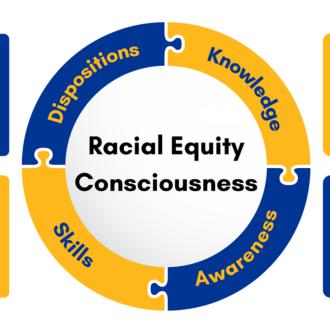
If you ever want to discuss further, have questions, or are interested in getting involved, please reach out to us! Ron Idoko, Associate Director of the Center on Race and Social Problems, established the Racial Equity Consciousness Institute in 2021 with the mission of equipping individuals and communities with the tools to actively dismantle racism and promote racial equity. RECI provides a lasting framework that educates individuals on the complexities of racism while fostering self-reflection and community contributions to inspire antiracist actions and build inclusive, equitable communities.

Racial Equity Dispositions

Attitudes, beliefs, motivations, and values that guide an individual's or community's approach to cultivating racial equity.

Racial Equity Skills

The abilities and competencies needed for individuals and communities to effectively implement racial equity principles in practice.



Racial Equity Knowledge

Learning and understanding the historical, social, and psychological contexts and aspects of race, racism, and antiracism.

Racial Equity Awareness

Recognition and perception of racial dynamics and how they manifest in everyday life.



Developing Racial Equity Consciousness

Recognizing Racial Oppression and Advancing Racial Liberation: Recognizing systems, histories, and impacts of racial inequity and advancing ourselves and social systems to address racial inequity

Examining Racial Identities and **Addressing Racial Biases**: Examining the meaning and significance of racial identity groups and addressing preconceived ideas and biases related to them

Embracing Racial Diversity and **Growing Racial Literacy:**Embracing the inclusion of all racial identity groups and growing the ability to maintain healthy cross-racial relationships

Building Racial Empathy and **Enhancing Racial Stamina**:

Building compassionate connections across racial differences and enhancing capacity to engage in matters of racial oppression

Acknowledging Racial Trauma and Fostering Racial Healing: Acknowledging the emotional, mental, and physical impacts of racial oppression and fostering processes that restore wholeness

Gauging Racial Inequities and Championing Racial Justice:
Gauging settings where racial identity predicts disparate societal outcomes and championing fair treatment for all racial groups

"There must exist a paradigm, a practical model for social change that includes an understanding of ways to transform consciousness that are linked to efforts to transform structures." – bell hooks





There are friends of many races that Reci knows, and she loves them all equally down to her toes.

So hurry, scurry, and come take a look, learn how to fight racism in this book!

